

## POOLE FESTIVAL OF RUNNING UNDER 18 5K ROAD RACE 2010

### MEN

1	Frank Bailey	Sons of Poole	16.07
2	Benedict Westhenry	Sons of Poole	16.10
3	Adam Sloan	Sons of Poole	16.52
4	Aaron Warlond	Bournemouth AC	19.37
5	Adam Wright	Unattached	25.42

### Teams

1	Sons of Poole	6 points
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### WOMEN

1	Abigal Jones	Poole AC	19.39
2	Lizzie Harris	Poole Runners	22.29