

## POOLE FESTIVAL OF RUNNING 2010

### BORN TO RUN 5K

#### MEN

1 Ben Chapple		MU21	1	17.43
2 Ben Moore		MU21	2	17.58
3 Jack Robson		MU21	3	19.21
4 David Cartwright	Poole Runners	M60+	1	19.34
5 Nicholas Butcher		M50-59	1	20.40
6 Daniel Sharp	Avon Valley Runners	MU21	4	21.28
7 Aaron Day		M	1	21.45
8 Stuart Coleman		MU21	5	21.48
9 Timothy Mcaulay		MU21	6	22.27
10 Adrian Boyd		M40-49	1	22.33
11 Sheldon Polley		MU21	7	22.39
12 Mark Cook		M40-49	2	22.44
13 Martin Brown		M50-59	2	22.55
14 Mike Trevett		M	2	22.56
15 Sebastian Moore		MU21	8	23.14
16 Neil Russell		M	3	23.19
17 George Payne		MU21	9	23.26
18 Ben Saunders		MU21	10	23.42
19 Tom Blackburn		MU21	11	23.42
20 Russell Vizard		M	4	23.44
21 Mark Way	Poole Runners	M40-49	3	23.53
22 Christopher Lamb		MU21	12	24.00
23 Tim Mackenzie		M	5	24.00
24 Christopher Barton		MU21	13	24.09
25 James Hanslip		M	6	24.27
26 Andy Burry		M40-49	4	24.36
27 Steve Wickenden		M50-59	3	24.49
28 Clive Young	Poole Wanderers	M50-59	4	24.59
29 Fen Lennox		M50-59	5	25.06
30 Ryan Christison		MU21	14	25.09
31 Chris Cartwright		M	7	25.33
32 Simon Thompson		M50-59	6	25.36
33 Mark Freeman		M	8	25.39
34 George Awty		M40-49	5	26.38
35 Malcolm Colenutt		M50-59	7	26.41
36 John Dinsdale		M60+	2	26.43
37 Billy Warren		MU21	15	26.44
38 Neil Ashford		M50-59	8	26.51
39 Stephen Webster		M40-49	6	27.04
40 Ben Carr		M	9	27.33
41 Tim Smith		M60+	3	27.44
42 David Honeywood	Local People	M40-49	7	28.05
43 Matt Camp		MU21	16	28.13
44 Luke Cripps		M	10	28.18
45 Norman Robertson		M50-59	9	28.39
46 Shaun King		M40-49	8	28.52
47 Keith Mann		M60+	4	29.31
48 James Mcleod		M	11	29.36
49 Howarth Cutts		M50-59	10	30.14
50 Phil Easton		M60+	5	30.16

51	Toby Martin	M40-49	9	31.06
52	Richard Tombs	M40-49	10	31.15
53	Paul Christopher	M50-59	11	31.35
54	Matthew Johnson	M	12	32.00
55	David Barwick	M50-59	12	32.28
56	Keith Hopkins	M50-59	13	33.14
57	John Starrs	M50-59	14	34.10
58	Daniel Cox	M40-49	11	34.18
59	Terry Monk	M50-59	15	34.18
60	Kevin Palmer	M	13	35.56
61	Keiron Ranking	M	14	35.56
62	Andrew Powell	M	15	38.05

## WOMEN

1	Gemma Yardley	F40-49	1	23.18	
2	Ginette Craig	F50-59	1	23.33	
3	Julie Elliott	Littledown Harriers	F40-49	2	24.18
4	Carmel Ryan	Littledown Harriers	F40-49	3	24.31
5	Katherine Monk	F	1	24.38	
6	Fiona Dawe	F40-49	4	24.52	
7	Laura Reddick	F	2	25.09	
8	Sarah Bladwin	F50-59	2	25.31	
9	Steph Anwyll	FU21	1	25.44	
10	Michelle Cherry	F	3	26.11	
11	Catherine Cruse-Drew	F40-49	5	26.14	
12	Stephanie Atkins	F	4	26.14	
13	Ruth Butcher	F40-49	6	26.38	
14	Charlotte Cripps	F	5	26.45	
15	Susie Goodwin	F	6	26.53	
16	Helen Harris	Poole Runners	F40-49	7	27.01
17	Amy Burbidge	F	7	27.12	
18	Josephine Peasland	F	8	27.16	
19	Gemma Dames	F	9	27.19	
20	Susie Burt	F	10	27.29	
21	Ali Curtis	F	11	27.51	
22	Carolyn Stramrood	Littledown Harriers	F40-49	8	28.01
23	Maylin Sison	F40-49	9	28.03	
24	Melanie Honeywood	Local People	F40-49	10	28.05
25	Jennifer Bigby	F50-59	3	28.12	
26	Coco Moore	FU21	2	28.14	
27	Emma Tooley	FU21	3	28.15	
28	Lucy Cross	FU21	4	28.26	
29	Sheena Keep	F40-49	11	28.28	
30	Danielle Macbeth	F	12	28.43	
31	Kate Devereux	FU21	5	28.51	
32	Kay Lane	F50-59	4	29.00	
33	Anya Melnikova	F	13	29.40	
34	Jane Wilson	F40-49	12	29.44	
35	Jenny Chambers	F50-59	5	29.48	
36	Suzanne Hall	F	14	29.49	
37	Pauline Daly	F	15	30.04	
38	Justine Brady	F40-49	13	30.07	
39	Louise Stevens	F	16	30.14	
40	Hannah Smith	FU21	6	30.16	
41	Kerry Fleet	F	17	30.16	

42 Kelly Price		F	18	30.26
43 Lucy Lumber		F	19	30.33
44 Beverley Mclaughlin	Wimborne AC	F50-59	6	30.41
45 Nicola Cornes		F40-49	14	30.43
46 Antoinette Mcaulay		F50-59	7	31.03
47 Amy Day		FU21	7	31.16
48 Nicola Edge		F	20	31.17
49 Emily Payne		F	21	31.24
50 Lisa Villeneuve-Snell		F40-49	15	31.33
51 Emma Tindall		F	22	31.42
52 Sarah Street		F	23	31.45
53 Faye Austin		F40-49	16	32.37
54 Abigail Bowditch		F	24	33.00
55 Karen Barwick		F	25	33.03
56 Fiona Robertson		F	26	33.06
57 Caroline Hurford-Jones		F40-49	17	33.13
58 Brenda Hopkins		F50-59	8	33.13
59 Emma Christison		F40-49	18	33.15
60 Anna Parsons		F	27	33.27
61 Lisa Pearmain		F	28	33.31
62 Madelaine Pragnell		F	29	33.54
63 Sara Macbeth		F	30	34.08
64 Caroline Starrs		F	31	34.09
65 Deborah Gimson		F40-49	19	34.24
66 Patricia Wickenden		F50-59	9	34.51
67 Gillian Ward		F50-59	10	35.02
68 Sharley Viccars		FU21	8	35.20
69 Judy Payne		F40-49	20	35.28
70 Caroline Clapp		FU21	9	35.35
71 Kim Goss		F	32	35.56
72 Kerry-Anne Mawhinney		F	33	37.05
73 Sophie Macpherson		FU21	10	37.21
74 Georgina Worsfold		FU21	11	37.21
75 Monique Davis		F	34	38.05
76 Nancy Lynch		F50-59	11	38.46
77 Joanna Sprague	Bournemouth Joggers	F	35	38.46
78 Esther Ford		F40-49	21	39.05
79 Cassie Bascombe		F	36	39.08
80 Nikki Holland		F	37	40.26
81 Amanda Goodwyn		F40-49	22	40.48
82 Kate Cumming	Comings and Goings	F	38	41.25
83 Charlotte Cumming	Comings and Goings	F	39	41.25
84 Annie Borratt		F60+	1	42.40
85 Corazon Stirling		F50-59	12	42.45
86 Fiona Cross		F50-59	13	44.20
87 Lindsay Gregory		F50-59	14	45.30
88 Mae Bromidge		F50-59	15	45.30
89 Rebecca Bloomfield		F	40	45.34
90 Sarah Johnson		F40-49	23	47.40
91 Debbie Bolton		F40-49	24	47.54